

My Heart Health Discussion Guide

Section 1: My Health Snapshot

y Primary Health Goal:	
y Current Situation (Check all that apply):	
I have been diagnosed with Atrial Fibrillation (AFib) or another arrhythmia.	
I am recovering from a cardiac procedure (e.g., ablation).	
I have already used the Myant Heart-Aid Kit™ and received a notification of a potential heart arrhythmia that I would like to review with you.	
I experience symptoms like palpitations, shortness of breath, or dizziness.	
My healthcare provider recommended I use the Myant Heart-Aid Kit™.	
I want to monitor my heart health to detect potential issues early.	
Other:	

Section 2: Questions for My Doctor & Sharing My Data

Here are a few questions I've prepared for our conversation.

- Based on my condition, would having ongoing, long-term data about my heart's activity be helpful for you in managing my care?
- I have been using a Health Canada licensed platform called Myant Heart-Aid Kit™ that is made up of several Health Canada licensed products (Skiin Garment: Health Canada Licence No. 106352, Myant Health Digital System: Health Canada Licence No. 109776 and Myant Heart Key Rhythm Arrhythmia Detection System: Health Canada Licence No. 113481) to capture my ECG at home. Are you open to reviewing the reports it generates?
- Could this type of real-world data help us make more informed decisions about my treatment plan together?

Othor:



The Myant Health Platform: Clinically Relevant, Patient-Centric

Section 1: How It Works





WEAR: User wears the comfortable SKIIN smart apparel.





CONNECT: Data streams securely to a smartphone app.





MONITOR: Users can access detailed reports via use of the Myant Heart Aid Kit™ that can be shared with their healthcare team if desired.

Section 2: Frequently Asked Questions for Clinicians

- How is this different from a consumer smartwatch? Unlike episodic devices, SKIIN provides an ongoing stream of ECG monitoring, capturing asymptomatic and nocturnal events that are often missed. It is a Health Canada licensed medical device designed for clinical utility.
- How do I access my patient's data? Via a secure, web-based clinician portal. You can view comprehensive reports and see patient trends over time on your schedule.
- Is there a cost for me or my clinic? No. Access to the Myant Health clinician portal is provided at no cost to healthcare providers in our network.

Section 3: For Canadian Healthcare Professionals

Empowering Providers. Improving Outcomes.

We partner with Canadian physicians to help them deliver a higher standard of care. Joining our network allows you to:

- ✓ Accelerate Time to Action: Utilize alerts and continuous data to move from detection to diagnosis faster.
- Enhance Clinical Capabilities: Access the longitudinal data needed for proactive and preventative care strategies.
- Improve Clinic Operations: Increase efficiency and open potential revenue streams through remote monitoring. You may also be eligible for patient referrals.

See Your Patient's Data in Minutes.



Gain access to your patients data by reaching out to Myant Health and learning more about how you can see all your patients data including recent long-term ECG reports.

Contact for Clinical Inquiries:

support@myant.ca

HEART AID KIT™ is made up of the following Health Canada licenses: SKIIN GARMENT (License No.: 106352), MYANT HEALTH DIGITAL SYSTEM (MHDS) (License No.: 109776), MYANT HEART KEY RHYTHM ARRHYTHMIA DETECTION SYSTEM (License No.: 113481)
The Myant Heart-Aid Kit™ is made up of Health Canada licensed medical devices intended for remote monitoring. It is not intended to provide a diagnosis. All data and reports should be reviewed by a qualified healthcare professional. For complete information on use, warnings, and precautions, please consult the available Operations and Safety Manual, Quick Start Guide or speak with your healthcare provider.

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